

### PATIENT INFORMATION

Full legal name: \_\_\_\_\_ Preferred name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

(By providing this email you are confirming that this is a private address or one with which you are comfortable receiving direct information from us.)

Home phone: \_\_\_\_\_  Preferred Cell phone: \_\_\_\_\_  Preferred

Employer name: \_\_\_\_\_ Work phone: \_\_\_\_\_

Occupation: \_\_\_\_\_

Gender:  Male  Female Marital status:  Single  Married  Widowed

How did you hear about us? (*circle one*) Physician Google Family Patient Friend Other: \_\_\_\_\_

Primary care provider's name: \_\_\_\_\_ Other physicians: \_\_\_\_\_

Were you referred by primary care provider?  No  Yes Pharmacy: \_\_\_\_\_

### POWER OF ATTORNEY

Do you have a Power of Attorney for health care?  No  Yes Name of designated individual: \_\_\_\_\_

Your P.O.A.'s phone number: \_\_\_\_\_ Please bring a copy of the documentation with you to your appointment.

### EMERGENCY CONTACT INFORMATION

*Please list 2 contacts*

1) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home/cell phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ Date of birth: \_\_\_\_\_

I also authorize the above person to have access to my healthcare information (*must provide date of birth*).

2) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home/cell phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Date of birth: \_\_\_\_\_

I also authorize the above person to have access to my healthcare information (*must provide date of birth*).

### PERSON RESPONSIBLE FOR BILL

Full legal name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

### INSURANCE, MEDICARE, WORKERS' COMPENSATION INFORMATION

Insurance company

Policy holder's name

Policy holder's date of birth

1) \_\_\_\_\_

2) \_\_\_\_\_

Is this visit Auto or Workers' Compensation related?  No  Yes If yes, date of injury: \_\_\_\_\_

**MEDICAL INFORMATION**

Patient name: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
 Primary care provider: \_\_\_\_\_ Date you last saw this provider? \_\_\_\_\_  
 Are you allergic to any medication or substance?  No  Yes If yes, please list: \_\_\_\_\_

**REVIEW OF SYSTEMS**

*Please CIRCLE any symptoms you are CURRENTLY experiencing*

<u>CARDIOVASCULAR</u>	<u>MUSCULOSKELETAL</u>	<u>NEUROLOGICAL</u>	<u>PERIPHERAL VASCULAR</u>
Chest pain	Joint stiffness	Numbness	Swollen legs
Shortness of breath	Foot pain	Tingling	Temperature changes of feet
	Joint aches or pains	Burning	Easy bruising
	Lower extremity weakness	Frequent stumbling or falling	

**MEDICAL HISTORY**

Anemia	Circulatory problems	High cholesterol	Neurological disorder
Arthritis	Dementia	HIV and/or AIDS	Sickle Cell Anemia
Asthma	Drug or alcohol abuse	Intestinal problems	Sleep apnea
Bleeding disorder	Gout	Kidney problems	Stomach ulcers
Blood clots	Healing problems	Liver disease	Stroke
Blood pressure problems	Heart problems	Lung disease	Thyroid
Cancer: _____	Hepatitis: A, B, or C	Mental illness: _____	Other: _____

Are you Diabetic?  No  Yes Type 1 or Type 2: \_\_\_\_\_ Year diagnosed: \_\_\_\_\_  
 Are you, or could you be pregnant?  No  Yes Due date: \_\_\_\_\_  
 List any serious illness or hospitalizations: \_\_\_\_\_

**SURGICAL HISTORY**

Please list all surgeries, include year: \_\_\_\_\_  
 \_\_\_\_\_

**SOCIAL HISTORY**

Tobacco use:  Current  Former (Year quit: \_\_\_\_\_)  Never  E-Cigs  Other: \_\_\_\_\_  
 Alcohol use:  No  Yes  Light usage (1-2 weekly)  Moderate usage (3-4 weekly)  Heavy usage (daily)  
 Recreational drug use:  No  Yes What type, please list: \_\_\_\_\_

**FAMILY HISTORY**

	Living	Deceased	Bleeding Disorder	Blood Clots	Cancer	Diabetes	Heart Disease	Hypertension	Unknown
Father									
Mother									
Brother(s)									
Sister(s)									



Patient name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Please list ALL medications, including over-the-counter medications and supplements.

Medication/Supplement name	Dosage (mg)	Frequency	Form (Tablet, Capsule, etc.)	Reason for taking	Prescriber (Physician)

**CURRENT FOOT AND ANKLE PROBLEM(S)**

Patient name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe size: \_\_\_\_\_

**1. Main reason for your appointment today:** \_\_\_\_\_

**2. When did your symptoms start?** \_\_\_\_\_

**3. Describe the TYPE of symptoms you are experiencing (circle all that apply).**

- |              |                |            |              |
|--------------|----------------|------------|--------------|
| Aching pain  | Sharp pain     | Numbness   | Itching      |
| Burning pain | Shooting pain  | Tenderness | Other: _____ |
| Dull pain    | Throbbing pain | Tingling   |              |

**4. What makes your symptoms BETTER? (circle all that apply)**

- |                        |                  |                   |              |
|------------------------|------------------|-------------------|--------------|
| Walking and/or running | Stretching       | Flat shoes        | Ice          |
| Sitting                | Exercise         | Closed toed shoes | Heat         |
| Standing               | Daily activities | High heels        | Other: _____ |

**5. What makes your symptoms WORSE? (circle all that apply)**

- |          |         |           |              |
|----------|---------|-----------|--------------|
| Rest     | Running | Shoe gear | Heat         |
| Standing | Walking | Ice       | Other: _____ |

First thing in the morning      Throughout the day      End of the day      During activity      After activity

**6. When are your symptoms most bothersome? (circle all that apply)**

**7. Have you had any previous treatment or have you tried any home remedies for this problem (specify)?** \_\_\_\_\_

**8. How would you rate your pain, on a \_\_\_\_\_ scale from 0 to 10?**

0    1    2    3    4    5    6    7    8    9    10

[0 = no pain]

[10 = worst pain possible]

**9. Please list all physical activities in which you are involved (include sports/exercise and work activities - i.e. standing, walking, bending):**

**10. Other information you would like the physician to know about:** \_\_\_\_\_

*I certify that the above information is true and current to the best of my knowledge. I give my permission to the doctor to administer and perform such procedures as may be deemed necessary in the diagnosis and/or treatment of my feet and ankles.*

\_\_\_\_\_  
Patient (SIGNATURE)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient name (PRINT)

\_\_\_\_\_  
Guardian/Representative (SIGNATURE)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian/Representative name (PRINT)